



ACCREDITATION EVIDENCE

Title: Western Workshops Spring 2021 Workshop Schedule

Evidence Type: Corroborating

Date: February 2021-April 2021

WAN: 22-0104

Classification: Resource

PII: No

Redacted: No





Western Workshops are a hands-on learning discussions, interactions, and presentations on a variety of different topics. Attending workshops can help Western students achieve success in their academic environment and help them jump start their career by putting these skills into practice.

You're not attending Western on the Rock Springs Campus? Join Western Workshops via Zoom. See Western Workshops in the Western Calendar for more information.

Spring 2021

FEBRUARY 2, 2021

12:15 PM - 1:00 PM

RM: Find the zoom link at westernwyoming.edu/calendar/

ORGANIZATION & BALANCE: Learning where the time goes.

Do you feel like you don't have enough time to get everything done? Students will assess their responsibilities, tasks and activities they need to balance each day. This workshop will focus on time management and organization to prioritize and focus on what they need to do to succeed this semester.

FEBRUARY 18, 2021

12:15 PM - 1:00 PM

RM: 3650B

STEPS TO FOLLOW WHEN APPLYING FOR A JOB: Want to apply for a job but do not know where to start?

See a job that fits your resume and background? Jump at the opportunity to start applying for your dream job with these important steps in the job-applying process. This workshop will focus on key parts of job applications, what documents to include, and best practices when asking for a letter of reference.

MARCH 2, 2021

12:15 PM - 1:00 PM

RM: 3650B

INTERVIEWING SKILLS: Stand out in a pool of equally talented applicants!

Get noticed in an interview! Receive tools to help develop key interview skills. Learn how to form a connection, show off your skills, and take control of your interview. This workshop will give you tools to get one step closer to the job you want.

*All sessions available virtually via Zoom, excluding Mock Interviews.
Zoom link found at: westernwyoming.edu/calendar/*



MARCH 16, 2021
12:15 PM – 1:00 PM
RM: 3065B

MOCK INTERVIEWS: Practice makes perfect!

This mock interview will help students practice answering interview questions and provide feedback about areas to improve. As with every skill, talent, and expertise, the more you do it, the better you'll be at it. Get real life practice before your first interview. What is a Mock Interview? A mock interview is a practice job interview conducted with a teacher, staff, or professional. It can help you learn how to answer difficult questions, improve your communication skills, and reduce your stress before your first job interview.

APRIL 1, 2021
12:15 PM – 1:00 PM
RM: 3650B

STRESS MANAGEMENT: Find stress management techniques that work for you!

Stress can take a significant toll on health, happiness, and grades. Increase your productivity with stress management, cope more easily with heavy workloads, demanding expectations and the daily dramas. This workshop will focus on stress relief tips and tools for students that are vital for minimizing school stress.

APRIL 6, 2021
12:15 PM – 1:00 PM
RM: 3650B

HEAD SHOTS: Invest in your personal brand!

Need a professional headshot for LinkedIn or your resume? Western Workshop will be offering headshot photo sessions for students. Students will receive one headshot through their student email. Workshop attendance may be limited due to time constraints, so please arrive early in order to get a place in line.

For more information please contact Coordinator of Student Life, Alex Nelson, at anelson@westernwyoming.edu.

*All sessions available virtually via Zoom, excluding Mock Interviews.
Zoom link found at: westernwyoming.edu/calendar/*